



## 2010 FACT SHEET

Aquafina Major League Baseball **Pitch, Hit & Run (PHR)** is a FREE, 1-day event for boys and girls ages 7-14\* that is simple to host. PHR is the official skills competition of Major League Baseball and can be hosted by any organization, league, civic group or set of volunteers in the community. An administrative kit is provided and the competition is free of charge for participants and hosts.



Girls have the opportunity to compete and be awarded in a separate softball division.

Participants have the opportunity to compete in four levels of competition including Locals, Sectionals, Team Championships and the National Finals at the 2010 MLB All-Star Game. Providing this great opportunity for your community is as easy as:

- **Sign up to host a local competition** - [www.mlb.com/phr](http://www.mlb.com/phr). Upon submitting an online registration with a date, time and location for your competition, you will receive a FREE administrative kit with materials necessary to host the competition. The kit includes a handbook, "Strike Zone" banner, registration forms, award ribbons, participation cards, etc.
- **After completing your competition** - Award participants, provide Sectional competition information to your winners, submit results online and mail all completed registration forms.

### LEVELS OF COMPETITION

- **Local Competition** - March 1 – Mid May
  - All-Around, Pitching, Hitting and Running Champions advance from EACH age and gender group.
- **Sectional Competition** - Mid May-Early June\*\*
  - Each Sectional is part of an MLB team's geographic market.
  - All-Around Champions in each age and gender group are ELIGIBLE to advance.
  - The top 3 scores in each age and gender group among the Sectional All Around Champions within each MLB geographic market will advance to the Team Championships.\*\*\*
- **MLB Team Championship** - June (weekends)
  - Held in all 30 Major League Ballparks.
  - Participants must place first in their age group to be ELIGIBLE to advance. The top 3 scores in each age and gender group out of all 30 MLB Team Championships will advance to the National Finals.\*\*\*



#### National Finals - 2010 MLB All-Star Week

- National Finalists will receive an all-expense paid trip to Anaheim, CA for the 2010 All-Star Game. Finalists will participate in an array of festivities upon arrival in Anaheim, including a PHR Welcome Reception, MLB Brunch and All-Star FanFest. Finalists will compete on-field at Angel Stadium prior to shagging fly balls during the Home Run Derby and attending the All-Star Game!

**PRIZES/AWARDS:** At each level of competition competitors will receive an item for their participation. Prizes at different levels of competition include ribbons, medals, trophies and other awards. National Finalists receive a trip to Anaheim, CA for the 2010 All-Star Game.

\* Competitors compete in four age groups: 7/8, 9/10, 11/12, 13/14. Age is determined as of July 17, 2010.

\*\* Weather permitting, specific dates within your market will be available upon determination of each Team Championship date.

\*\*\* Advancement notified by PHR Headquarters. All-Around Champions at the Sectional and Team Championship do NOT automatically advance.